

# RUN NATION TRACK SERIES 3

Sunday 20<sup>th</sup> December 2020, Hexham

## 1000m

### Race 1 1:30pm

Time	Place	No.	Name		Gender	Club
2:39.4	1	225	Scott	Temple	Male	Hartlepool Athletics Club
2:58.9	2	230	Darren	Towart	Male	Tynedale Harriers & AC
3:04.9	3	228	Luke	Hilliard	Male	Elswick Harriers
3:16.6	4	231	Russell	Dickinson-Deane	Male	Newcastle Frontrunners
3:23.1	5	226	Caitlin	Flanagan	Female	
3:25.6	6	227	Jake	Moir	Male	Tyne Bridge Harriers

### Race 2 1:40pm

Time	Place	No.	Name		Gender	Club
3:33.9	1	229	Noah	Williamson	Male	Birtley AC
3:41.4	2	234	Joseph	Ashman	Male	Gosforth Harriers & AC
3:52.7	3	232	Jay	Horner	Male	
3:53.7	4	224	Kadenn	McBean	Female	Hartlepool Athletics Club
3:58.3	5	233	Richard	TOWNSEND	Male	Saltwell Harriers
4:25.1	6	235	Grace	Meadley	Female	Hartlepool Athletics Club

## 3000m

### Race 1 2:00pm

Time	Place	No	Name		Gender	Club
9:14.7	1	268	Adam	Russell	Male	
9:21.1	2	263	Gary	WALLACE	Male	Blackhill Bounders
9:31.8	3	266	Tom	Rutherford	Male	Durham City Harriers & AC
9:35.7	4	284	Tom	Slane	Male	Blackhill Bounders
9:37.0	5	265	Rhys	Durrant	Male	North Shields Polytechnic Club
9:38.7	6	283	Duncan	Hughes	Male	Blackhill Bounders
9:40.5	7	285	Paul	O'Mara	Male	Tyne Bridge Harriers
9:47.0	8	282	Silas	Christie	Male	Gosforth Harriers & AC
10:11.1	9	264	Ralph	Robson	Male	Morpeth Harriers & AC
10:20.5	10	267	Charlotte	Dillon	Female	Durham City Harriers & AC

### Race 2 2:20pm

Time	Place	No	Name		Gender	Club
10:23.4	1	269	Katie	Francis	Female	Birtley AC

10:25.0	2	270	Millie	Breese	Female	Morpeth Harriers & AC
10:25.6	3	275	Joseph	Green	Male	Tynedale Harriers & AC
10:32.8	4	274	Lisa	Tang	Female	Tynedale Harriers & AC
10:36.6	5	271	Calum	Mills	Male	Heaton Harriers & AC
10:38.3	6	273	Alastair	Chester	Male	Tynedale Harriers & AC
10:40.0	7	272	Richard	Tailford	Male	Tyne Bridge Harriers
10:46.2	8	276	John	O'REILLY	Male	Tynedale Harriers & AC

### Race 3 2:45pm

Time	Place	No	Name		Gender	Club
9:51.6	1	288	Jess	Bailey	Female	Leven Valley AC
10:53.2	2	277	Ethan	Stokes	Male	Durham City Harriers
11:03.5	3	286	Pete	Watson	Male	Tynedale Harriers
11:08.3	4	278	Zara	Jones	Female	Darlington H & AC
11:24.1	5	287	Alex	Tang	Male	Tynedale Harriers & AC
11:36.2	6	280	Elliot	Mavir	Male	Morepeth Harriers & AC
11:44.3	7	279	Simon	Wells	Male	Jesmond Joggers
11:46.0	8	291	Emma	Ashman	Female	Gosforth Harriers & AC
11:55.0	9	281	Paul	Luzanycia	Male	North Shields Polytechnic Club
12:03.1	10	292	Alex	Ramshaw	Male	Jesmond Joggers
12:24.9	11	290	Mark	MCNALLY	Male	Elswick Harriers
13:10.3	12	289	Richard	TOWNSEND	Male	Saltwell Harriers